

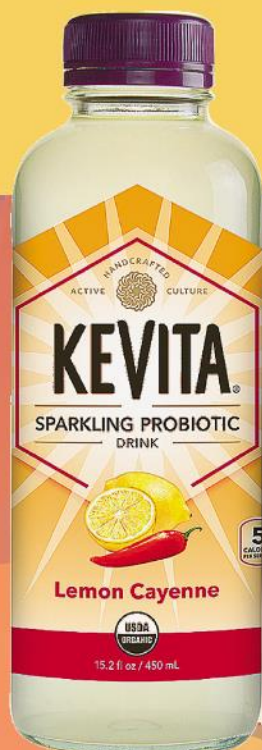
September 2016

Natural Connection™

Great savings, naturally!

Light, Refreshing
& Reinvigorating

KEVITA®



KeVita
Organic Sparkling
Probiotic Drink
Lemon Cayenne
15.2 FL OZ

2/\$5

SRP: \$3.79
Selected Varieties



See inside
for PROFILE



Paesana
Organic
Pasta Sauce
Marinara
25 OZ

\$5.49

SRP: \$8.89

Selected Varieties



Spectrum Naturals
Organic Olive Oil
Extra Virgin
25.4 FL OZ

\$11.99

SRP: \$19.29



Garden of Eatin'
Blue Chips
No Salt Added
16 OZ

\$4.19

SRP: \$6.39

Selected Varieties



Pirate Brands
Pirate's Booty Puffs
Aged White
Cheddar Cheese
4 OZ

2/\$5

SRP: \$3.79

Selected Varieties



Terra Chips
Sweet Potato
Chips
Sweets & Beets
6 OZ

2/\$5

SRP: \$4.09

Selected Varieties



**GoLive Probiotic
Products**
Probiotic + Prebiotic
Packets
Berry-Licious for Kids
10/.47 OZ

\$10.99

SRP: \$16.99

Selected Varieties



Green & Black's
Organic
Dark Chocolate
Bar
70% Cacao
3.5 OZ

\$2.99

SRP: \$4.59

Selected Varieties



Bim Bam Boo
Bathroom Tissue
12 PK

\$8.99

SRP: \$14.79

Look for these **Featured Brands**

Silk



Snacks



Nana's Cookie
Gluten Free Cookie
Lemon
3.5 OZ

2/\$3



SRP: \$2.39

Selected Varieties



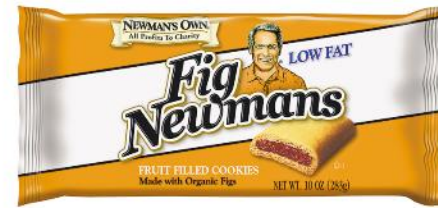
Jovial
Organic Cookies
Checkerboard
Einkorn
8.8 OZ

\$2.79



SRP: \$4.99

Selected Varieties



Newman's Own Organics
Fig Newmans
Low Fat
10 OZ

\$3.99

SRP: \$5.59

Selected Varieties



Harvest Stone
Organic
Brown Rice,
Sesame & Flax
Crackers

Original
3.54 OZ



\$2.79



SRP: \$4.09

Selected Varieties



Annie's Homegrown
Organic Snack Mix
Bunnies
9 OZ

\$4.49



SRP: \$6.49

Selected Varieties



Crunchmaster
Popped
Edamame Chips
Sea Salt
4 OZ

2/\$5



SRP: \$3.89

Selected Varieties



Real Foods
Organic
Corn Thins
Original
5.3 OZ



\$1.99



SRP: \$3.19

Selected Varieties



Milton's
Baked Chips
Himalayan Salt
5.5 OZ

\$2.99



SRP: \$4.39

Selected Varieties



Stacy's Pita Chips
Pita Chips
Simply Naked
Nothing But Sea Salt
7.33 OZ

2/\$5

SRP: \$3.49

Selected Varieties



Terra Chips
Exotic Vegetable
Chips
Original
5 OZ

2/\$5

SRP: \$4.29

Selected Varieties



Good Health
Veggie Straws
Sea Salt
6.75 OZ

2/\$6

SRP: \$4.69

Selected Varieties



Boulder Canyon Natural Foods
Potato Chips
Totally Natural
5 OZ

2/\$4



SRP: \$3.29

Selected Varieties



Quinn Popcorn
Popcorn
Coconut Oil
4 OZ

2/\$6

SRP: \$4.39

Selected Varieties

Candy & Bars



Natierra
Organic
Freeze Dried Fruit
Strawberry
1.2 OZ
\$4.99
SRP: \$7.09
Selected Varieties



Peter Rabbit Organics
Organic
Pure Fruit Pouch
Strawberry and Banana
4 OZ
2/\$3
SRP: \$2.29
Selected Varieties



Torie & Howard
Organic
Chewie Fruities
Assorted Flavors
4 OZ
\$2.99
SRP: \$3.99
Selected Varieties



Panda
Licorice Chews
All Natural Soft
7 OZ
\$2.99
SRP: \$4.09
Selected Varieties



18 Rabbits
Organic Granola Bars
Chocolate Banana
6/1.05 OZ
\$4.99
SRP: \$7.09
Selected Varieties



Organic Prairie
Organic Beef Jerky
Original Mighty
2 OZ
\$5.49
SRP: \$7.89
Selected Varieties



4/\$5
SRP: \$1.89
Selected Varieties



Theo Chocolate
Organic
Salted Toffee
Dark Chocolate Bar
3 OZ
2/\$5
SRP: \$3.99
Selected Varieties



Chocolove Xoxo
Dark Chocolate Bar
Almonds & Sea Salt
3.2 OZ
\$2.19
SRP: \$3.19
Selected Varieties



Divine
Dark Chocolate
Bar
85% Cocoa Solids
3.5 OZ
2/\$6
SRP: \$4.19
Selected Varieties



\$1.79
SRP: \$2.65
Selected Varieties



Bark Thins
Snacking
Dark Chocolate
Almond Bark
with Sea Salt
4.7 OZ
\$3.99
SRP: \$5.39
Selected Varieties



Ocho Candy
Organic Bars
Caramel, Mini Pouch
3.38 OZ
\$3.49
SRP: \$5.29
Selected Varieties



Raw Revolution
Glo Bar
Creamy Peanut
Butter & Sea Salt
1.6 OZ
2/\$3
SRP: \$2.09
Selected Varieties



Coco Polo
Milk
Chocolate Bar
With Quinoa
2.5 OZ
\$4.29
SRP: \$5.99
Selected Varieties



Dagoba Organic Chocolate
Organic
Dark Chocolate Bar
Lavender Blueberry
2 OZ
Selected Varieties

\$1.79
SRP: \$2.79



Nogii
High Protein Bar
Peanut Butter
& Chocolate
1.9 OZ
Selected Varieties

\$1.99
SRP: \$3.09



Bricks
Protein Bar
Grass Fed Beef, Uncured
Bacon, Cranberry and
Sunflower Seed
1.5 OZ
Selected Varieties

2/\$5
SRP: \$3.89



Jennies
Organic Bar
Goji Moji
Raw Coconut
1.5 OZ

\$1.79
SRP: \$2.19



Breakfast



Seven Sundays
Muesli
Blueberry Chia Buckwheat
12 OZ

\$3.99
SRP: \$6.19
Selected Varieties



Seven Sundays is on a mission to get your day started off right. Founder, Hannah Barnstable, crafted muesli cereals and new soft-baked Squares right in her kitchen that taste just as great as they make you feel. The secret is using real, high quality ingredients like 100% whole grain oats, nuts, seeds, real fruits, coconut oil and organic tropical blossom honey, and nothing you can't pronounce.

With flavor combinations that please even picky eaters, and now new grab-and-go options for the more "adventurous" mornings, Seven Sundays helps you start every day as intentional as you do on Sundays.

All **Seven Sundays'** products are naturally gluten free and contain no refined sugars or GMOs.



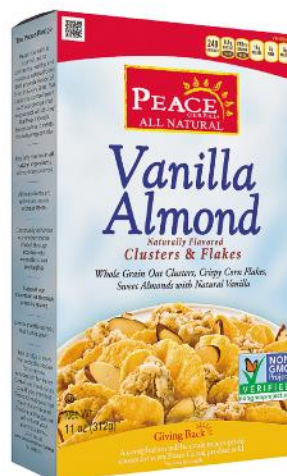
Kind
Raspberry
Clusters
with Chia Seeds
11 OZ

\$4.49
SRP: \$6.69
Selected Varieties



Barbara's Bakery
Organic
Snackimals Cereal
Vanilla Blast
9 OZ

2/\$7
SRP: \$5.99
Selected Varieties



Peace Cereal
Cereal
Vanilla Almond
11 OZ

2/\$7
SRP: \$5.39
Selected Varieties



Two Moms In The Raw
Organic Granola
Bring On The
Blueberry
6 OZ

\$4.99
SRP: \$6.89
Selected Varieties



Bob's Red Mill
Oatmeal
Blueberry
and Hazelnut
2.5 OZ

\$1.79
SRP: \$2.69
Selected Varieties



Bulk



Organic
Flame Raisins
\$3.49/lb
SRP: \$4.72



Organic
Dried Mango
\$10.29/lb
SRP: \$13.87



Organic
Multi-Color
Popping Corn
\$1.59/lb
SRP: \$2.19



Organic
White Popping Corn
\$1.49/lb
SRP: \$2.04



Organic Yellow
Popping Corn
\$1.39/lb
SRP: \$1.89



100% Organic
Peanuts
Dry Roasted
\$3.59/lb
SRP: \$4.91



Organic
Whole Cashews
Raw
\$8.09/lb
SRP: \$10.97



100% Organic
Almonds
Butter Stock
\$14.39/lb
SRP: \$18.26



100% Organic
Brown Flaxseed
\$1.89/lb
SRP: \$2.50



100% Organic
Golden Flaxseed
\$2.09/lb
SRP: \$2.86



Golden Temple
French Vanilla Almond
Granola
\$2.99/lb
SRP: \$4.49



Willamette Valley
Organic
Blueberry Flax
Granola
\$3.99/lb
SRP: \$5.79

Beverages

NEW! REED'S STRONGER GINGER BREW

Our Strongest yet!



Top Selling Sodas in Natural Foods!
Brewed from fresh Ginger, Fruit and Spices.
No Preservatives, Gluten Free and GMO Free.
25-50% Fruit Juice.

Introducing REED'S Stronger Ginger Brew!

- Stronger Ginger Brew
- Original Ginger Brew
- Extra Ginger Brew
- Premium Ginger Brew
- Spiced Apple Ginger Brew
- Cherry Ginger Brew
- Raspberry Ginger Brew
- 55 Calorie Light



4/12 OZ

2/\$9

OR \$4.50 each
SRP: \$6.79-\$7.19



Triple Leaf Tea
Decaf
Herbal Tea
Detox Cleansing
& Revitalizing
20 BAG

\$3.49

SRP: \$4.99

Selected Varieties



Steaz
Organic
Iced Green Tea
Grapefruit Honey
16 FL OZ

4/\$5

SRP: \$1.79

Selected Varieties



Runa
Clean Energy Drink
Blood Orange
Unsweetened
12 FL OZ

2/\$4

SRP: \$2.89

Selected Varieties



High Brew Coffee
Ready To Drink
Coffee
Double Espresso
8 FL OZ

2/\$4

SRP: \$3.09

Selected Varieties



Mamma Chia
Organic
Chia Squeeze
Green Magic
3.5 OZ

4/\$5

SRP: \$1.99

Selected Varieties



Rice Dream
Organic Enriched
Rice Drink
Original
64 FL OZ

\$4.29

SRP: \$6.39

Selected Varieties



Choice Organic Teas
Organic Tea
Oolong
16 BAG

2/\$7

SRP: \$5.39

Selected Varieties



Function Drinks
Energy Drink
Alternative
16.9 FL OZ

2/\$4

SRP: \$2.49

Selected Varieties



Runa
Clean Energy
Guayusa Tea
Guava Zero
Unsweetened
14 FL OZ

\$1.79

SRP: \$2.59

Selected Varieties



High Brew Coffee
Ready To Drink
Coffee
Dairy Free
Black & Bold
Double Espresso
4/8 FL OZ

\$7.99

SRP: \$11.99

Selected Varieties



Walden Farms
Coffee Creamer
Sugar Free Hazelnut
12 FL OZ

2/\$6

SRP: \$4.69

Selected Varieties



Svelte
Organic
Protein Shake
Chocolate
11 FL OZ

\$1.79

SRP: \$3.09

Selected Varieties

Beverages

VIRGIL'S

So Pure, You'll Swear It's Made in Heaven.
Gluten Free • GMO Free • No Preservatives



Top Selling Sodas in Natural Foods. Virgil's Natural Craft Sodas

- Root Beer
- Real Cola
- Orange Cream Soda
- Cream Soda
- Black Cherry Cream Soda
- Dr. Better

Virgil's ZERO Calorie Natural Sodas

- ZERO Root Beer
- ZERO Cream Soda



100% Natural Soda

- Butterscotch Beer
Non-Alcoholic
4/12 FL OZ

2/\$10

OR \$5.00 each
SRP: \$7.49



Alkaline 88
Water Enhanced
with 84 Minerals
& Electrolytes
1 GAL

\$3.79

SRP: \$5.59



C20 Pure Coconut Water
Pure Coconut
Water
10.5 FL OZ

4/\$5

SRP: \$1.99



Aqua Hydrate
Purified Water
33.8 FL OZ

\$1.99

SRP: \$3.19

Selected Varieties



Smart Juice
100% Organic Juice
Tart Cherry
33.8 FL OZ

\$5.99

SRP: \$9.29

Selected Varieties



Dry Soda
Vanilla Bean Soda
4/12 FL OZ

\$4.49

SRP: \$6.59

Selected Varieties



Blue Sky
Organic Soda
New Century
Cola or Cola
6/12 FL OZ

2/\$6

SRP: \$5.89-\$6.09

Selected Varieties



Vita Coco
Pure Coconut
Water
500 ML

2/\$4

SRP: \$3.19

Selected Varieties



**Mountain Valley
Spring**
Sparkling Water
1 LTR

2/\$5

SRP: \$3.65



Ayala's
Organic
Herbal Water
Ginger Lemon Peel
16 FL OZ

4/\$5

SRP: \$1.69

Selected Varieties



Hubert's
Lemonade
Strawberry
16 FL OZ

2/\$3

SRP: \$2.79

Selected Varieties



Izze
Sparkling
Clementine
4/12 FL OZ

2/\$8

SRP: \$7.29

Selected Varieties



KeVita
Organic
Sparkling Probiotic Drink
Lemon Cayenne
15.2 FL OZ

2/\$5

SRP: \$3.79

Selected Varieties

The tongue-clarifying tartness of lemon. The system-cleansing spiciness of cayenne. A blast of probiotics. A triple threat to the palette. KeVita Lemon Cayenne is certified organic, non-GMO, low in calories, and non-dairy. Naturally sweetened with stevia and contains no added sugar.

Grocery



SweetLeaf
Organic
Sweetener
Stevia
70 CT

\$5.49
SRP: \$8.29



Wholesome Sweeteners
Organic Stevia
Zero Calorie
Sweetener Blend
4.2 OZ

\$6.99
SRP: \$10.49



Navitas Naturals
100% Organic
Cacao Powder
8 OZ

\$7.49
SRP: \$10.99



La Tourangelle
100% Organic
Coconut Oil
Virgin; Unrefined
30 FL OZ

\$12.29
SRP: \$18.59



Lucini Italia
100% Organic
Extra Virgin
Olive Oil
17 FL OZ

\$16.99
SRP: \$27.09



Bionaturae
Organic
Extra Virgin Olive Oil
17 FL OZ

\$11.49
SRP: \$17.09



Montebello
Organic Olive Oil
Extra Virgin
750 ML

\$11.99
SRP: \$22.29



Spectrum Naturals
Organic
Virgin
Coconut Oil
Unrefined
14 FL OZ

\$6.99
SRP: \$11.09



Mestemacher Bread
Pumpnickel Bread
With Whole Rye
Kernels
17.6 OZ

2/\$7

SRP: \$3.79

Selected Varieties



San-J
Organic
Soy Sauce
Wheat Free Tamari
10 FL OZ

\$3.29
SRP: \$4.99



Annie Chun's
Soup Bowl
Hot & Sour
5.7 OZ

2/\$6

SRP: \$4.59

Selected Varieties



Nutiva
Organic
Coconut Oil
Buttery
14 OZ

\$5.49

SRP: \$9.29



Annie's Homegrown
Organic
Macaroni & Cheese
Classic Mild Cheddar
6 OZ

2/\$5

SRP: \$3.69

Selected Varieties



Annie's Homegrown
Microwavable
Macaroni & Cheese Cup
Real Aged Cheddar
2.01 OZ

2/\$3

SRP: \$2.29

Selected Varieties



Bioitalia
Organic Beans
Mixed
14 OZ

2/\$4

SRP: \$3.15

Selected Varieties



Annie's Homegrown
Organic Shells
& White Cheddar
Family Size
10.5 OZ

\$3.79

SRP: \$5.49



Modern Table
Bean Pasta
& Veggie Kit
Pesto
11.5 OZ

\$4.99

SRP: \$7.39

Selected Varieties



Field Day
Organic Broth
Free-Range Chicken
32 FL OZ

Selected Varieties

2/\$5

SRP: \$3.49



Grocery



Montebello
Organic Pasta
Spaghetti
1 LB
\$2.99
SRP: \$4.79
Selected Varieties



Field Day
Organic Pasta
Brown Rice &
Quinoa Spaghetti
12 OZ
\$3.49
SRP: \$4.99
Selected Varieties



Field Day
100% Organic
Brown Rice Pasta
Penne
12 OZ
\$2.29
SRP: \$3.39
Selected Varieties



Tolerant
Organic Pasta
Red Lentil Rotini
12 OZ
\$7.49
SRP: \$9.99
Selected Varieties



Organico Bello
Organic
Pasta Sauce
Tomato Basil
25 OZ
\$4.99
SRP: \$7.69
Selected Varieties



Field Day
Organic
Pasta Sauce
Italian Herb
26 FL OZ
\$2.79
SRP: \$3.99
Selected Varieties



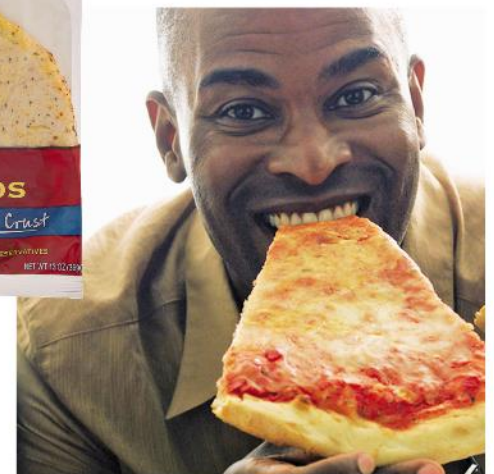
Newman's Own
Pasta Sauce
Marinara
24 FL OZ
2/\$6
SRP: \$4.55
Selected Varieties



Victoria
Organic
Pasta Sauce
Pomodoro
24 OZ
\$7.99
SRP: \$9.99
Selected Varieties



Rustic Crust
Pizza Crust
Flatbread
Tuscan Six Grain
13 OZ
2/\$6
SRP: \$5.09
Selected Varieties



**What your tastebuds
are craving!**



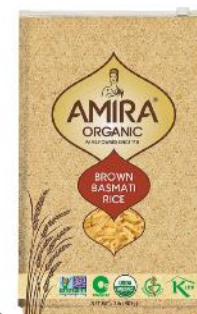
Tasty Bite
Heat & Eat
Rice Pouch
Organic Brown Rice
8.8 OZ
\$1.79
SRP: \$2.79
Selected Varieties



Seeds of Change
Organic
Brown Basmati
Rice
8.5 OZ
2/\$6
SRP: \$3.99
Selected Varieties



Near East
Rice Pilaf
Original
6 OZ
2/\$4
SRP: \$2.89
Selected Varieties



Amira
Organic Rice
Brown Basmati
2 LB
\$6.99
SRP: \$9.49



TruRoots
Organic
Sprouted Quinoa
Ancient Grain Medley
10 OZ
\$4.49
SRP: \$6.69
Selected Varieties



Sharwood
Cooking Sauce
Tikka Masala
14.1 FL OZ
\$3.79
SRP: \$5.59
Selected Varieties



Maya Kaimal
Simmer Sauce
Tikka Masala
12.5 OZ
\$4.49
SRP: \$6.19
Selected Varieties



Wild Planet
Wild Sardines
in Extra Virgin
Olive Oil
4.375 OZ
2/\$4
SRP: \$3.29
Selected Varieties



Wholesome Dinner Choices



Lundberg Family Farms
Organic
Sprouted Tri-Color
Blend Rice
1 LB

\$4.49

SRP: \$6.49

Lundberg Family Farms
Organic Short Grain Brown Rice



\$1.79/lb

SRP: \$2.59



Lundberg Family Farms
Organic
California Brown
Basmati Rice
2 LB

\$4.99

SRP: \$8.09



Lundberg Family Farms
Organic
White Long Grain
Rice
2 LB

\$4.49

SRP: \$7.69



Since 1937, the **Lundberg Family** has been farming rice and producing rice products at their farms in the Sacramento Valley. Now led by its third generation, Lundberg Family Farms® uses organic and eco-positive farming practices to produce wholesome, healthful rice products while protecting and improving the environment for future generations.

Today, more home cooks are turning to sprouted whole grains for their nutritional profile, easier preparation and more complex flavors. Lundberg's organic sprouted rice has many of the same nutritional benefits found in brown rice, but is softer in texture and easier to digest. Sprouted rice makes it easier and faster for families to get dinner on the table.



Lundberg Family Farms
Organic
Whole Grain Quinoa & Rice
Rosemary Blend
6 OZ

OR

Organic
Whole Grain Rice & Wild Rice
Wild Porcini Mushroom
6 OZ

2/\$5

OR \$2.50 each

SRP: \$3.99

Selected Varieties

Frozen

Amy's
Burrito
Cheddar Cheese, 6 OZ



2/\$5

SRP: \$3.65
Selected Varieties



Boca Foods
Meatless Burgers
All American Classic
Flame Grilled Veggie Burgers
10 OZ

\$4.29

SRP: \$5.69
Selected Varieties



Udi's
Gluten Free Bread
Whole Grain
12 OZ

\$4.99

SRP: \$6.99
Selected Varieties

Food For Life Baking Co.
Organic Bread
Ezekiel 4:9
24 OZ

\$4.99

SRP: \$7.09



American Flatbread
Pizza
Tomato Sauce
& Three Cheese
9.1 OZ

\$5.99

SRP: \$9.29
Selected Varieties



Padma's
Easy Exotic
Organic Rice
Whole Grain Brown
30 OZ

\$3.99

SRP: \$5.59
Selected Varieties



Cascadian Farm
Organic
Frozen Vegetables
Broccoli Florets
10 OZ

2/\$4

SRP: \$3.39
Selected Varieties



Gardein
Classic Meatless
Meatballs
12.7 OZ

OR

Golden
Fishless Filets
10.1 OZ

\$3.99 ea

SRP: \$5.69



Dr. Praeger's
Kale Puffs
9 OZ

OR

Kale Littles
10 OZ

\$4.29 ea

SRP: \$5.59-\$5.65
Selected Varieties



Cascadian Farm
Organic
Frozen Potatoes
Hash Browns
16 OZ

2/\$5

SRP: \$4.09
Selected Varieties



Cascadian Farm
Organic Frozen
Vegetables
Cut Spinach
10 OZ

\$2.29

SRP: \$3.69
Selected Varieties



Evol Foods
Bowl
Fire Grilled Steak
9 OZ

\$3.99

SRP: \$5.69
Selected Varieties



Silver Hills Bakery
Bread
Squirrely
21 OZ

\$4.29

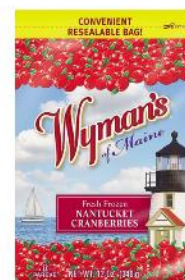
SRP: \$5.49
Selected Varieties



Against The Grain
Gourmet
Original Rolls
Gluten Free
12.5 OZ

\$5.99

SRP: \$8.59



Wyman's of Maine
Cranberries
Nantucket
12 OZ

\$1.79

SRP: \$2.49



Steve's Ice Cream
Non-Dairy Dessert
Wildflower Honey Pistachio
PINT

\$5.99

SRP: \$7.59
Selected Varieties

Little Northern Bakehouse
Gluten Free Bread
Seeds & Grains
17 OZ

\$4.99

SRP: \$7.79
Selected Varieties



Maria and Ricardo's
Artesano Wraps
Ancient Grains
6 CT

\$2.79

SRP: \$3.89
Selected Varieties



Luna & Larry's
Coconut Bliss
Organic
Coconut Bars
Almond In Chocolate
3/3 OZ

\$4.99

SRP: \$6.69
Selected Varieties



Luna & Larry's Bliss was founded to create a satisfying ice cream without the health and ecological impacts associated with dairy, soy, or gluten. Certified organic and Non-GMO Project verified, Coconut Bliss is made with cholesterol-free coconut milk. Based in Eugene, Oregon, Coconut Bliss has been operating since February 2005.

For more information
visit coconutbliss.com





Spinach Artichoke Dip

Ingredients

3 Tbsp margarine (or butter)
4 Tbsp flour
2 cups Silk Almond Milk, warmed
1/2 tsp salt
1/4 tsp cayenne pepper
1/4 tsp pepper
1-2 garlic cloves, to taste
2 14-oz cans artichoke hearts, well drained
1 10-oz package frozen chopped spinach, thawed and drained
1/3 cup grated soy or dairy Parmesan cheese
Fresh vegetables or chips, for serving

Preparation

1. Preheat oven to 350°F.
2. Lightly coat a 2-quart baking pan with cooking spray.
3. Melt margarine (or butter) in a saucepan over medium heat.
4. Whisk in flour and cook for 2 minutes. Slowly whisk in warm soymilk. Add salt, cayenne and pepper and cook until very thick, about 5-7 minutes.
5. Remove from heat.
6. Place garlic, artichoke hearts and spinach in a food processor or blender and process until smooth.
7. Stir spinach mixture into soymilk mixture.
8. Spread dip in prepared pan and sprinkle with Parmesan.
9. Bake for 20-25 minutes until heated through and bubbly.



Silk
Soy Milk
Chocolate or
Very Vanilla
6/8 FL OZ
\$6.49ea
SRP: \$10.59



Silk
Almond Milk
Unsweetened
Vanilla
64 FL OZ
\$3.99
SRP: \$5.79
Selected Varieties



Wallaby Organic
Organic
Lowfat Kefir
Strawberry or Plain
32 FL OZ
\$4.49ea
SRP: \$6.49
Selected Varieties



Wallaby Organic 5.3 OZ
Organic Purely
Unsweetened
Greek Yogurt
Mixed Berries
2/\$4
SRP: \$3.19
Selected Varieties



Silk
Almond Milk
Dark Chocolate
or Vanilla
6/8 FL OZ
\$6.49ea
SRP: \$10.59



Silk
Pure Coconut
Milk
Original
64 FL OZ
\$4.29
SRP: \$6.19
Selected Varieties



Wallaby Organic
Organic
Lowfat Yogurt
Vanilla
32 OZ
\$4.49
SRP: \$6.59
Selected Varieties



Wallaby Organic
Organic
Lowfat Yogurt
Strawberry
or Vanilla
6 OZ
5/\$5
SRP: \$1.65
Selected Varieties



Horizon
Organic
Lowfat
Chocolate Milk
6/8 FL OZ
\$7.99
SRP: \$12.39
Selected Varieties



Silk
Soy Yogurt
Simply Plain
24 OZ
\$4.99
SRP: \$7.39



So Delicious
Organic
Coconut Milk
Yogurt
Unsweetened
24 OZ
\$5.49
SRP: \$8.19
Selected Varieties



So Delicious
Organic
Non Dairy
Frozen Dessert
Creamy Vanilla
32 OZ
\$4.79
SRP: \$8.05

Refrigerated



Brown Cow
Whole Milk
Cream Top Yogurt
Plain
32 OZ

2/\$6
SRP: \$4.99
Selected Varieties



Brown Cow
Non Fat
Greek Yogurt
Plain
5.3 OZ

4/\$5
SRP: \$2.19
Selected Varieties



Stonyfield Farm
Organic
YoKids Squeezers
Cherry Berry Blitz
Low Fat Yogurt
8/2 OZ

\$3.99
SRP: \$5.99
Selected Varieties



Selected Varieties

Chobani
2% Fat Greek Yogurt
Plain
5.3 OZ

4/\$5
SRP: \$2.09



Redwood Hill Farm
Goat Milk Yogurt
Blueberry
6 OZ

\$1.99
SRP: \$2.89
Selected Varieties

Ripple
Milk
Original
48 FL OZ

\$4.99
SRP: \$6.59
Selected Varieties



White Mountain Foods
Organic
Bulgarian Yogurt
Whole Milk
16 FL OZ

\$3.79
SRP: \$4.75



Lifeway Kefir
Low Fat Kefir
Strawberry
32 FL OZ

\$2.99
SRP: \$4.89
Selected Varieties



Redwood Hill Farm
Goat Milk Kefir
Traditional Plain
32 FL OZ

\$5.99
SRP: \$8.59



Health-Ade
Organic Kombucha
Maca-Berry
16 FL OZ

\$4.49
SRP: \$5.69
Selected Varieties



Califia Farms
Cold Brew Coffee
Unsweetened
Black & White
Almond Milk
48 FL OZ

\$4.79
SRP: \$6.85



Pure Brazilian
Coconut Water
Coconut Water
Raw Brazilian
13.5 FL OZ

\$3.99
SRP: \$6.99

Lightlife Foods
The Original Tofu Pups
Veggie Hot Dogs
12 OZ



\$3.19
SRP: \$5.19



Nasoya Foods
Organic Tofu
Extra Firm
14 OZ

\$2.19
SRP: \$3.19
Selected Varieties



Miso Master
Organic
Chick-Pea Miso
with Rice
16 OZ

\$6.99
SRP: \$11.29
Selected Varieties



Temple Turmeric
Organic Elixir
Pure Mega
12 FL OZ

\$3.99
SRP: \$5.89
Selected Varieties



Supplements



Boiron
Chestal
Children's Honey
6.7 FL OZ

\$8.99
SRP: \$11.99



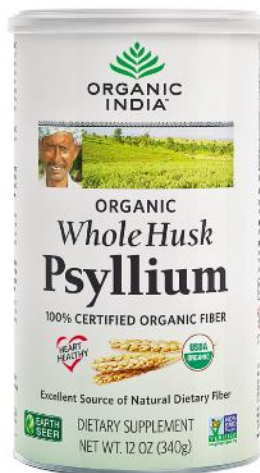
Swiss Kriss
Natural Herbal
Laxative Flakes
1.5 OZ

\$3.99
SRP: \$6.39



Natrol
Biotin Plus
With Lutein
60 CT

\$7.49
SRP: \$10.89



Organic India
Organic
Whole Husk Psyllium
12 OZ

\$10.99
SRP: \$16.09



Kyolic
Formula 100
Aged Garlic Extract
200 CAP

\$18.49
SRP: \$25.45



Personal Care



giovanni®

Giovanni Hair Care Products
Shampoo
2 Chic Ultra-Sleek
8.5 FL OZ

\$5.99
SRP: \$8.99

Selected Varieties



Earth Science
Shampoo
Fragrance Free
Ceramide Care
10 FL OZ

\$6.99
SRP: \$10.99

Selected Varieties



Babo Botanicals
Moisturizing
Baby Shampoo & Wash
Oatmilk Calendula
8 FL OZ

\$9.99
SRP: \$14.59



Jason Natural Products
Body Wash
Aloe Vera Satin
30 FL OZ

\$9.99
SRP: \$15.75

Selected Varieties



Dr. Bronner's
Peppermint
Castile Soap
Organic Ingredients
16 FL OZ

\$7.49
SRP: \$11.11
Selected Varieties

2chic® Ultra-Sleek Collection

Smooth, shiny, frizz-free hair—Reveal it with 2chic® Brazilian Keratin & Argan Oil Ultra-Sleek Shampoo, Conditioner, Leave-In Conditioning & Styling Elixir, Blow Out and Flat Iron Styling Mists, Soft Hold Styling Gel and Hair Styling Wax. Pamper it with 2chic® Brazilian Keratin and Argan Oil Ultra-Sleek Hair & Body Super Potion. Take a trip. The destination? Hair that's ultra-sleek and more vibrant—no matter what its texture. With renewed elasticity and strength. Color is protected in this place, too.

Personal Care



Kirk's Natural
Castile Soap Bars
Aloe
3/4 OZ

\$4.79
SRP: \$6.59



Clearly Natural
Pure & Natural
Glycerine Soap
Aloe Vera
4 OZ

\$1.49
SRP: \$2.19

Selected Varieties



Grandpa's
Soap
Pine Tar
4.25 OZ

\$3.99
SRP: \$5.89



Andalou Naturals
1000 Roses
Moroccan Beauty Oil
Sensitive
1 FL OZ

\$13.49
SRP: \$19.99

Selected Varieties



Auromere
Toothpaste
Freshmint Ayurvedic
4.16 OZ

\$5.99
SRP: \$8.25

Selected Varieties



Derma E
Hydrating
Night Crème
2 OZ

\$20.99
SRP: \$29.59

Selected Varieties



Ancient Secrets
Nasal
Cleansing Pot
1 CT

\$11.49
SRP: \$16.95



Naturtint
Permanent
Hair Color
5N Light Chestnut
5.28 FL OZ

\$11.49
SRP: \$17.99

Selected Varieties



Crystal Deodorants
Body Deodorant
Roll-On
Hypoallergenic
2.25 OZ

\$2.49
SRP: \$4.29



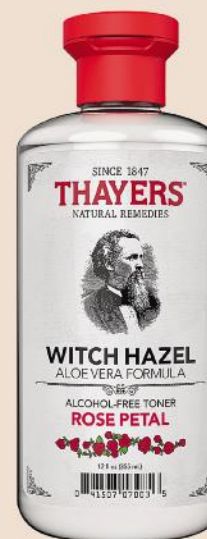
Avalon
Daily Moisturizer
Lavender Luminosity
2 OZ

\$12.99
SRP: \$18.59

Established in 1847, **Thayers** offers a line of skin, throat, and oral care items. **Thayer's Witch Hazels** protects, moisturizes, cleanses, and tones leaving skin feeling refreshed.

Thayer's Slipper Elm Lozenges soothe and heal mouth and throat. Thayers NEW Slippery Elm Lip Balms helps retain moisture and protect lips.

Also try Thayers Honey B Anise Syrup and Dry Mouth Sprays and Lozenges!



SINCE 1847
THAYERS
NATURAL REMEDIES

Thayers
Witch Hazel
Rose
12 FL OZ

\$8.49
SRP: \$10.95

Selected Varieties

For the Home



Beyond Gourmet
Parchment Paper
ROLL

\$3.99
SRP: \$5.69



If You Care
Paper Bags
Snack and Sandwich
48 CT

\$2.99
SRP: \$5.29



Green Forest
White Facial
Tissues
175 CT

\$1.99
SRP: \$3.05



Bim Bam Boo
Paper Towels
Bamboo
4 ROLLS

\$6.99
SRP: \$12.09



Biokleen
Laundry Liquid
Citrus Essence
64 FL OZ

\$8.99
SRP: \$14.59
Selected Varieties



Green Shield Organic
Organic
Laundry Detergent
Free & Clear
100 FL OZ

\$11.99
SRP: \$16.99



Earth Friendly
Dishmate Liquid
Bamboo Lemon
25 FL OZ

\$2.99
SRP: \$4.49
Selected Varieties



Mrs. Meyer's Clean Day
Liquid Dish Soap
Lavender
16 FL OZ

\$3.99
SRP: \$5.19
Selected Varieties



Mrs. Meyer's Clean Day
Multi-Surface
Everyday Cleaner
Lemon Verbena
16 FL OZ

\$3.99
SRP: \$5.19
Selected Varieties

For your Pet



Fit Organic
Organic Hand Soap
Lemongrass Tangerine
18 FL OZ

\$4.49
SRP: \$6.89



Newman's Own Organics
Dog Food
Chicken and Brown Rice
12.7 OZ

2/\$5
SRP: \$3.29
Selected Varieties



Wellness Pet Products
Cat Food
Turkey & Salmon
5.5 OZ

\$1.79
SRP: \$2.79



Selected Varieties



• *Sea Salt & Vinegar*



Jalapeno • >>>



<<< • Country Style Barbeque

Salt & Fresh Ground Pepper • >>>



Organic
Potato Chips
5 OZ

2/\$4
OR \$2.00 each

SRP: \$3.59

<<< • Sea Salt

Behold, the Perfect Chip. Pick one up. Turn it gently in your hand. Admire the character, the unique, individual shape, the beautiful tawny gold color. We gently cook our potatoes to perfection in the finest oils, and then gently season them with the freshest, all natural ingredients and spices, creating chips with **deep, rich flavors and fresh-from-the-field character.**